



**Karnataka Law Society's  
Institute of Management Education and Research  
(Autonomous)**



**Lesson Plan**

Course: Universal Human Values & Professional Ethics

Course Code: 25DSC108

Semester: I

Division: A

Academic Year: 2025-26

Duration of Session: 1 Hour

No. of Sessions: 50

**Course Objectives:**

1. To develop a holistic perspective based on self-exploration about themselves (as human beings), family, society and nature/existence in students.
2. To help the students appreciate the essential complementarity between 'Values' and 'Skills' to ensure sustained happiness and prosperity, which are the core aspirations of all human beings.
3. To provide understanding of the harmony in the human being, family, society and nature/existence
4. To highlight possible implications of a Holistic understanding in terms of ethical human conduct, trustful and mutually fulfilling human behaviour and mutually enriching interaction with Nature
5. To develop the sense of commitment and courage to act in any life situation

**Learning Outcomes:**

1. Understand self, and surroundings (family, society, nature)
2. Self-explore methods to understand and fulfill basic human aspirations
3. Understand and apply the concept of "harmony between self and body" in their day-to-day life
4. Analyze the basis of human relationship (family and Society) and interconnectedness among different orders of nature
5. Develop/design sustainable solutions to the problems in society and nature

Sl. No	Date	Day	Timings	Topics to be Covered	Activities/Exercises
Module 1: Fundamentals of Universal Human Values (UHV I)					15 Hours
1	11-11-2025	Tuesday	10:30 am – 11:30 am	Introduction to and Purpose of the Course	Lecture followed by discussion
2	12-11-2025	Wednesday	3:30 pm – 4:30 pm	Exploring Aspirations and Concerns	Written reflections.
3	14-11-2025	Friday	10:30 am – 11:30 am	Basic Human Aspirations and their Fulfilment	Practice Session – PS1 Sharing About Oneself
4	15-11-2025	Saturday	11:30 am – 12:30 pm	Aspirations & Concerns at Individual Level	Practice Session PS2 – Exploring Human Consciousness
5	18-11-2025	Tuesday	10:30 am – 11:30 am	Peer Pressure	Experience sharing exercise.
6	19-11-2025	Wednesday	3:30 pm – 4:30 pm	Health Part 1	Group discussion on "Health is Wealth"
7	21-11-2025	Friday	10:30 am – 11:30 am	Health Part 2	Session on Importance of Health by Medical Doctor from Aarogya

					Mitra Foundation
8	22-11-2025	Saturday	11:30 am – 12:30 pm	Relationship -Trust	Activity based learning
9	25-11-2025	Tuesday	10:30 am – 11:30 am	Right here Right Now	Video-based learning or case analysis.
10	26-11-2025	Wednesday	3:30 pm – 4:30 pm	Relationship - Respect	Reflection or sharing exercise.
11	28-11-2025	Friday	10:30 am – 11:30 am	Relationship - Reverence for Excellence	Activity followed by discussion
12	29-11-2025	Saturday	11:30 am – 12:30 pm	Relationship - Gratitude and Love	Activity followed by discussion
13	02-12-2025	Tuesday	10:30 am – 11:30 am	Society	Video-based learning or case analysis.
14	03-12-2025	Wednesday	3:30 pm – 4:30 pm	Natural Environment.	Video-based learning or case analysis. Quiz or recap activity.
15	05-12-2025	Friday	10:30 am – 11:30 am	Sum up UHV I	Self-evaluation and Closure of UHV I
Module 2: Introduction to Value Education				10 Hours	
16	06-12-2025	Saturday	11:30 am – 12:30 pm	Holistic Development and Role of Education	Group discussion on case/example.
17	09-12-2025	Tuesday	10:30 am – 11:30 am	Understanding Value Education	Self-evaluation or written reflection.
18	10-12-2025	Wednesday	3:30 pm – 4:30 pm	Self-Exploration through Natural Acceptance and Experiential Validation	Discussions on Self-Reflections presented by students
19	12-12-2025	Friday	10:30 am – 11:30 am	Happiness & Prosperity	Self-Reflections
20	13-12-2025	Saturday	11:30 am – 12:30 pm	Methods to Fulfill Basic Human Aspirations: Right Understanding, Relationship, Physical Facility	Practice Session PS3 – Exploring Natural Acceptance
21	16-12-2025	Tuesday	10:30 am – 11:30 am	Right Understanding	Discussion
22	17-12-2025	Wednesday	3:30 pm – 4:30 pm	Relationship,	Self-evaluation or written reflection.
23	19-12-2025	Friday	10:30 am – 11:30 am	Physical Facility	Video-based case analysis.
24	20-12-2025	Saturday	11:30 am –	Continuous Happiness & Prosperity : Critical	Related Article



			12:30 pm	Appraisal of Current Scenario	Reviews
25	23-12-2025	Tuesday	10:30 am – 11:30 am	Sum up	Reflection or Sharing exercise.
Module 3: Harmony in the Human Being				8 Hours	
26	24-12-2025	Wednesday	3:30 pm – 4:30 pm	Understanding Human Being as Co-existence of Self & Body	Practice Session PS4 – Needs of Self vs Body
27	26-12-2025	Friday	10:30 am – 11:30 am	Understanding needs of Self	Practice Session PS5 – Exploring Sources of Imagination
28	27-12-2025	Saturday	11:30 am – 12:30 pm	Understanding needs of Body	Lecture followed by Discussion
29	30-12-2025	Tuesday	10:30 am – 11:30 am	Understanding the Body as an instrument of “I”	Activity
30	31-12-2025	Wednesday	3:30 pm – 4:30 pm	Understanding the characteristics and Activities of “I”	Self-reflection or sharing exercise.
31	02-01-2026	Friday	10:30 am – 11:30 am	Understanding Harmony of Self with the Body	Practice Session PS6 – Harmony of Self with Body
32	03-01-2026	Saturday	11:30 am – 12:30 pm	Programs to ensure Harmony & Health	Self-evaluation or written reflection.
33	06-01-2026	Tuesday	10:30 am – 11:30 am	Sum Up	Student Reflections
Module 4: Harmony in Family, Society, and Nature				10 Hours	
34	07-01-2026	Wednesday	3:30 pm – 4:30 pm	Understanding family as basic unit of human interaction and Significance of values in Human relationship	Experiential Activity: Interaction with family
35	09-01-2026	Friday	10:30 am – 11:30 am	Foundational values of Relationship-Trust & Respect	Practice Session PS7 – Exploring the Feeling of Trust
36	10-01-2026	Saturday	11:30 am – 12:30 pm	Understanding the difference between; Intention & Competence ; Respect & Differentiation	Practice Session PS8 – Exploring the Feeling of Respect
37	13-01-2026	Tuesday	10:30 am – 11:30 am	Understanding Harmony in the Society-(Extension of family?)	Self-evaluation or written reflections.

38	14-01-2026	Wednesday	3:30 pm – 4:30 pm	Family to World Family Human Goals, Undivided Society & Universal Order	Practice Session PS9 – Systems to Fulfil Human Goal
39	16-01-2026	Friday	10:30 am – 11:30 am	Understanding Harmony in Nature	Lecture followed by discussion
40	17-01-2026	Saturday	11:30 am – 12:30 pm	Four Orders of Nature	Practice Session PS10 – Exploring Four Orders of Nature
41	20-01-2026	Tuesday	10:30 am – 11:30 am	Interconnectedness and Mutual Fulfillment among four orders of Nature	Group discussion
42	21-01-2026	Wednesday	3:30 pm – 4:30 pm	Understanding Co-existence as existence; Holistic Perception of Harmony at all levels of existence	Practice Session PS11 – Exploring Co-existence
43	23-01-2026	Friday	10:30 am – 11:30 am	Sum Up	Reflections
Module 5: Implications of Holistic Understanding				7 Hours	
44	24-01-2026	Saturday	11:30 am – 12:30 pm	Natural Acceptance of Human Values	Practice Session PS12 – Exploring Ethical Human Conduct
45	27-01-2026	Tuesday	10:30 am – 11:30 am	Definitiveness of Ethical Human Conduct	Lecture followed by discussions
46	28-01-2026	Wednesday	3:30 pm – 4:30 pm	Basis for Humanistic Education & Constitution	Practice Session PS13 – Humanistic Models in Education
47	30-01-2026	Friday	10:30 am – 11:30 am	Competence in Professional Ethics	Debate – Professional Ethics in Today's World
48	31-01-2026	Saturday	11:30 am – 12:30 pm	Holistic Technologies & Management Models	Video-based learning or case analysis.
49	03-02-2026	Tuesday	10:30 am – 11:30 am	Strategies for Transition to Value-Based Life	Practice Session PS14 – Steps for Universal Human Order
50	04-02-2026	Wednesday	3:30 pm – 4:30 pm	Personal Learning Reflections/ Debate – Professional Ethics in Today's World/Feedback Survey	

Course Faculty:

  
**Dr. Shailaja Hiremath**  
 Associate Professor-KLS IMER

  
**Dr. Arif Shaikh**  
 Director-KLS IMER





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